

## Office cold fork lunches

### Menu 1

Pan fried lemon & thyme chicken breast with leek fricassee & crisp fried leeks

Salt cod & parsnip cakes with chive mayonnaise & a crisp frisse salad

Salad of bar-marked fennel, roasted red onion,  
oven dried plum tomatoes with basil oil, balsamic dressing & parmesan crumbs

Garlic oil roasted baby potatoes with confit garlic

Basket of mixed breads, olive oil & balsamic vinegar

Lemon tart with raspberry coulis

### Menu 2

Chicken satay with asian greens & a lime glaze

Bar-marked fish skewers with oven-dried tomatoes & roasted garlic mayonnaise

Thai rice salad

Mixed leaf dressing with a shallot dressing

Basket of mixed breads, olive oil & balsamic vinegar

Exotic fruit platter

### Menu 3

Salmon en-croute with buttered spinach, nutmeg & tomato salad with dill emulsion

Carrot & cashew nut roast, orange glaze & vegetable veloute & parsnip puree

Sauté of roasted seasonal roots with sea kale on a bed of rice

Mixed leaf salad with balsamic dressing

Basket of mixed breads, olive oil & balsamic vinegar

Chocolate fondant with sweetened citrus pouring cream

## Menu 4

Rosemary and garlic marinated griddled chicken breast,  
rocket & parmesan salad, sweet lemon & shallot dressing

Maryland style crab cakes, lime & cilantro crème fraiche,  
pickled red onion & red pepper salsa

Butternut torte with watercress salad & parmesan shavings  
Mixed leaf salad and balsamic dressing

Basket of mixed breads, olive oil & balsamic vinegar

Individual caramelised apple tart with calvados cream

## Menu 5

Grilled chicken caesar salad with parmesan crumb & oversized garlic croutes

Fennel crusted salmon fillet with orange & grapefruit cous cous

Confit tomato petals with basil couscous & candied lemon zest

Braised sweet lemon endives with golden sultanas

Basket of mixed breads, olive oil & balsamic vinegar

Chocolate brownies with fresh seasonal berries

## Menu 6

Chicken escalope with herbed breadcrumb & red onion dressed  
grilled baby new potatoes with lime crème fraiche

Noodle salad of asian greens & prawns with soy glaze, fried rice noodles & chilli salt

Pea & mint risotto balls with pea & truffle puree dip

Radicchio & chive salad with sweet mustard & honey dressing

Basket of mixed breads, olive oil & balsamic vinegar

Grilled berry poached pineapple skewers with sweet vanilla mascarpone

## Menu 7

Salmon en croute with wilted spinach, tarragon mayonnaise & watercress salad

Butternut squash torte with rocket and parmesan

Mixed wild rice, baby spinach, dried apricots,  
grilled green beans & almonds in sweet & sour dressing

Crisp Asian vegetable salad with lime dressing

Assorted breads

Exotic fruit salad

## Alternatives:

Roasted loin of pork, crisp paprika crackling,  
madeira & cream reduction & wilted spring greens

Crisp Asian vegetable salad with lime dressing

Butternut gnocchi dressed in garlic & sage oil with rocket salad & parmesan shavings

Madeira glazed gammon ham with soft boiled quails eggs & griddled pineapple

'Soused' salad of pickled young roots, fresh herbs & blanched spring greens

Pasta salad with grilled Mediterranean vegetables & chunky salsa verde

Vine plum & blistered vine cherry with red onion, fresh dill & chardonnay vinegar dressing

Roast butternut squash risotto cakes with chili crème fraiche,  
shaved parmesan and fried sage leaves

Mixed leaf salad and balsamic dressing